

Colon Exams

The day before the examination:

*Drink only clear liquids for breakfast, lunch and dinner. Clear liquids allowed are water, clear fruit juices with no pulp (apple, grape or cranberry), bouillon, plain jello.

*No solid foods, milk or milk products are allowed.

*Follow the bowel prep that has been given to you by your ordering doctor.

*Nothing after midnight

The day of the examination:

*No food or liquids

*May take medications with a small amount of water.

If sigmoidoscopy is scheduled a BE should not be on the same day. If a biopsy was performed during the sigmoidoscopy a BE should be delayed at least 24 hours to 5 days longer.

Colonic Stent Placement

Endo will do these and will prep the patient for the exam.

Patient prep for Chrons:

*Liquid diet beginning with lunch the day prior to the examination.

NPO for 4 hours prior to the exam

Patient prep for Hirshsprungs, megacolon or severe constipation:

*No prep

*Don't stimulate for a bowel movement 24 hours prior to appointment

Intussusception

No Prep

Patient prep for ulcerative colitis:

*Liquid diet beginning with lunch the day prior to the exam.

*NPO for 4 hours prior to the exam.

Pediatric patients 0 to 7 years old:

*No prep

Pediatric patients 7 years and older:

- *If a prep is ordered
- *Low residue/low fiber diet for 2 days prior to exam
- *Clear liquid diet the day prior to the exam
- *No milk products 24 hours prior to the exam
- *NPO after midnight

Cookie Swallow

- *This test is correlated by the speech department.
- *The speech pathologist will schedule this exam around their schedules.
- *These are only done Monday thru Friday
- *No prep for this exam

Cystogram

- *No Prep for this exam

Defecogram

- *This test needs to be scheduled in MRI

Esophageal Dilation with stent placement

- *This test is correlated with the Endoscopy department.
- *The endo department will prep the patient for this exam.

ERCP

- *This test is correlated with the Endoscopy department.
- *They will prep the patient for the exam.

Voiding Urethrocytogram (VCUG)

- *No prep
- *Refer parents to online education
- *Children's booklet available prior to exam
- *Child Life specialists are available during procedure
- *Helpful to know if child has any special needs prior to procedure

Lumbar Puncture

- *Push extra fluids the morning of the exam
- *Need a driver

*Must stop the following blood thinners prior to exam:

-Aspirin=1week

-Lovenox=24 hours

-Coumadin (Warafirin) =72 hours

-Plavix=1 week

-Heparin (IV) (Inpatients) =24 hours

Chemo Injections

*Push extra fluids the morning of the exam

*Need a driver

*Need spinal fluid sheet sent to department prior to exam

*Must stop the following blood thinners prior to exam:

-Aspirin=1 week

-Lovenox=24 hours

-Coumadin (Warafirin) =72 hours

-Plavix=1 week

-Heparin (IV) (Inpatients) = 24 hours

Myelograms

*Push extra fluids the day of the exam

*Need a Driver

*Must stop the following blood thinners prior to exam:

-Aspirin=1week

-Lovenox=24 hours

-Coumadin (Warafirin) =72 hours

-Plavix=1 week

-Heparin (IV) (Inpatients) =24 hours

Chest Fluoro (Sniff Test)

*No prep for this exam

Fistulogram (Sinogram/Fistula/Sinus tract study)

*No prep for this exam

Esophagus

*Nothing by mouth after midnight

Stomach

- *Nothing by mouth after midnight
- *No smoking or chewing gum on the morning of the exam
- *If patient is diabetic insulin requirements should be adjusted by ordering physician
- *Diabetic patients should have 8am appointment time

Pediatric patients (0-12 months old)

- *Nothing by mouth 4 hours prior to exam

Stomach and Small Bowel

- *Clear liquids the day before the examination
- *Nothing by mouth after midnight
- *Do not take AM medications the day of the exam
- *If patient is diabetic, insulin requirements should be adjusted by ordering physician
- *Diabetic patients should have 8am appointment times

Pediatric patients (0-12 months old)

- *Clear liquid diet the day before the examination is up to the discretion of the ordering physician
- *Nothing by mouth 4 hours prior to exam

Small Bowel

- *Clear liquids the day before the examination
- *Nothing by mouth after midnight
- *Do not take AM medications the day of the examination
- *If patient is diabetic insulin requirements should be adjusted by the ordering physician
- *Diabetic patients should have an 8am appointment time

Pediatric patients (0-12 months)

- *Clear liquid diet the day before the examination is up to the discretion of the ordering physician
- *Nothing by mouth 4 hours prior to exam

Esophagus Stent Placement

- *These exams are done by the endoscopy department
- *They will prep the patient for the exam

Nasobiliary Cholangiogram

*No prep for this exam

Lap Band Adjustment

*No prep for this exam

Placement of Long GI Tube (feeding tube placement)

*No prep for this exam

G tube/J tube/GJ tube

*No prep for this exam

Loopogram

*No prep for this exam

Arthrogram

*No prep for this exam

Hysterosalpingography

*Test must be scheduled 7 to 10 days after the start of the patient's menstrual cycle

*Day 12 is the absolute last day to schedule the test

*Day 1 counting starts at the time the patient starts menstruation

*Pregnancy urine test **MUST** be done prior to exam

*****All female patients between menarche to menopause (including 10-55 years of age) should be questioned about their pregnancy status. All patients will then sign the Informed Consent for Pregnancy Testing. If there is any uncertainty in the pregnancy status, a pregnancy test shall be recommended but the patient shall have the right to refuse the pregnancy testing during the informed consent process.*****